



**PSHE Curriculum Map (includes RSHE)**  
Green=RSE Educator Solutions. Blue=Dimensions.

| Theme                                                                         | Reception                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Year 1                                                                                                                                                                                                                                                                                                                  | Year 2                                                                                                                                                                           | Year 3                                                                                                                                                                       | Year 4                                                                                                                                                                                                                                                                                                                          | Year 5                                                                                                                                                                                                                                                               | Year 6                                                                                                                                                                                                                       |
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| <b>Conservation</b>                                                           | <b>What On Earth?</b><br><br>The SPA way<br>Remembrance Day<br>Bonfire safety<br>Anti-bullying week                                                                                                                                                                                                                                                                                                                                                                          | <b>Light Up The World</b><br><br>The SPA way<br>Remembrance Day<br>Bonfire safety and fire safety-fire engine visit.<br>Anti-bullying week                                                                                                                                                                              | <b>Going Wild</b><br><br>The SPA way<br>Remembrance Day<br>Bonfire safety<br>Anti-bullying week                                                                                  | <b>Picture Our Planet</b><br><br>The SPA way<br>Remembrance Day<br>Bonfire safety<br>Anti-bullying week                                                                      | <b>Under The Canopy</b><br><br>The SPA way<br>Remembrance Day<br>Bonfire safety<br>Anti-bullying week                                                                                                                                                                                                                           | <b>Global Warning</b><br><br>The SPA way<br>Remembrance Day<br>Bonfire safety<br>Year 5- virtual session with the safer school partnership about anti-social behaviour and being kind to others.<br>Anti-bullying week                                               | <b>Full of Beans</b><br><br>The SPA way<br>Remembrance Day<br>Bonfire safety<br>Anti-bullying week                                                                                                                           |
| <b>Culture</b><br><br><b>Child mental health week 7<sup>th</sup> February</b> | <b>Come Fly With Me: Asia</b><br><br>Keeping safe and healthy (medicines).<br>Hygiene and personal needs include <b>oral hygiene here.</b><br>Caring for the environment.<br>Problem solving and conflict with friends.<br>My body: basic personal hygiene<br>My feelings: identifying and managing them<br>Keeping safe- <b>police visit-stranger danger</b><br>Similarities and differences between people and cultures.<br>My relationships: similarities and differences | <b>Come Fly With Me: Arctic Circle</b><br><br>Sun safety.<br>Emotions and feelings - expressing and managing them.<br><b>My feelings</b><br>Friendships and positive relationships including sharing.<br>My beliefs: similarities and differences between people<br>My relationships: listening and resolving arguments | <b>Zero To Hero</b><br><br><b>Exercise to keep healthy.</b><br>My rights and responsibilities: acceptable physical contact<br><br>My feelings: strengths, achievements and goals | <b>Come Fly With Me: Africa</b><br><br>My feelings: strengths, goals and self-esteem<br>My rights and responsibilities: unwanted touch<br><br>Protecting animals - poaching. | <b>A Cry For Freedom</b><br><br>Emotions and empathy for others.<br>Being lost and how to get help.<br>Families.<br>My feelings: recognising and responding to emotions<br>Diversity, being unique.<br>Child labour.<br>My beliefs: similarities, differences and personal identity<br>My rights and responsibilities: marriage | <b>Come Fly With Me: America</b><br><br>My rights and responsibilities: online sharing of information<br>Asking for help: managing upsetting online material<br><b>Effective communicating and listening.</b><br>My relationships: maintaining healthy relationships | <b>I Have A Dream</b><br><br><b>Money management and budgeting.</b><br>Asking for help: when, who and how to ask for help<br><b>Gender discrimination and stereotypes.</b><br>My relationships: discrimination and prejudice |



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| <b>Conflict</b>      | <b>Help Is At Hand</b><br><br>Hygiene and personal needs.<br>Littering and taking care of the environment.<br>Keeping safe and the emergency services.<br>Keeping healthy and being ill.<br>Helping others and knowing when help is needed.<br>Asking for help: special people and caring for each other                                 | <b>Unity In The Community</b><br><br>Communities and our community.<br>Belonging.<br>Road safety.<br>Asking for help: people who help us<br>My rights and responsibilities: diseases and protecting others | <b>Land Ahoy</b><br><br>Rules and responsibilities.<br>Working with others and sharing.<br>My relationships: bullying<br>My beliefs: people and families are unique                                               | <b>Law And Order</b><br><br>Leadership, democracy, rules and laws, rights and responsibilities.<br>Communities and positive contributions.<br>Asking for help: breaking confidences<br>My relationships: types and positive features | <b>Athens Vs. Sparta</b><br><br>Teamwork, resilience and persistence.<br>Bullying and hostile behaviour.<br>Asking for help: managing situations and asking for help                                       | <b>You're Not Invited</b>                                                                                                                       | <b>Wars Of The World</b><br><br>Resilience, courage and peer pressure.<br>Extremism and radicalisation (prejudice and stereotypes).                                                                              |
| <b>Communication</b> | <b>Happy To Be Me</b><br><br>Hygiene and personal needs.<br>Keeping safe.<br>Listening to others.<br>Recognising emotions.<br>Families.<br>Belonging.<br>Strengths and self-worth, being an individual,<br>Showing sensitivity to the needs of others.<br>My beliefs: making informed choices<br>My rights and responsibilities: privacy | <b>Happily Ever After</b><br><br>Bullying.<br>How our behaviours affect others.<br>Trusted adults.<br>My body: external genitalia                                                                          | <b>Inter-nation Media Station</b><br><br>Sharing and respecting views and opinions.<br>Debating.<br>Online safety - getting help online.<br><br>My body: growing and changing<br>Asking for help: keeping secrets | <b>Lightning Speed</b><br><br>Keeping safe online.<br>My body: changing and growing<br>My beliefs: challenging gender stereotypes                                                                                                    | <b>That's All Folks</b><br><br>Strengths and self-worth.<br>Goal setting including future dreams.<br>My body: body changes and puberty<br>My relationship: acceptable and unacceptable physical behaviours | <b>Mission control</b><br><br>My feelings: emotions changing through puberty<br>My body: changes through puberty<br>My beliefs: gender identity | <b>A World of Bright Ideas</b><br><br>My feelings: media and body image<br>My body: human reproduction<br>My rights and responsibilities: infections and contraception<br>My beliefs: cultural practices and FGM |