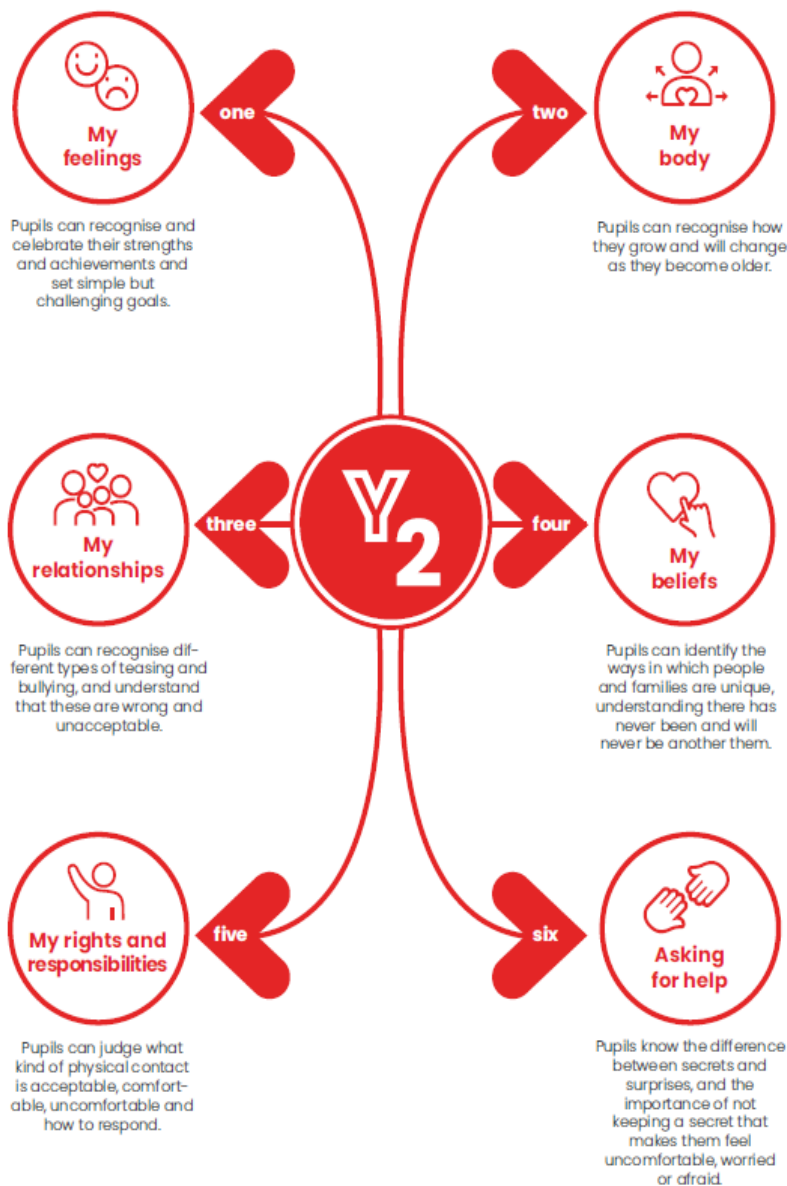




Key Vocabulary

self- esteem

vagina

bullying

unique

personal space

privacy

secret

surprise



RSHE in Year 2

Lesson one: My feelings



Lesson aim:

Pupils can recognise and celebrate their strengths and achievements, and set simple but challenging goals.



Learning outcomes:

- I have considered my self-esteem
- I can recognise and celebrate my strengths
- I have set a goal for myself

Lesson two: My body



Lesson aim:

Pupils can recognise how they grow and will change as they become older.



Learning outcomes:

- I know how a baby grows
- I know how I have grown and changed
- I know how I might change as I grow older

Lesson three: My relationships



Lesson aim:

Pupils can recognise different types of teasing and bullying, and understand that these are wrong and unacceptable.



Learning outcomes:

- I know what bullying is
- I have considered how bullying can make someone feel
- I know what to do if I am bullied or I see someone else being bullied



RSHE in Year 2

Lesson four: My beliefs



Lesson aim:

Pupils can identify the ways in which people and families are unique, understanding there has never been and will never be another them.



Learning outcomes:

- I know that I am uniquely special
- I know that there are lots of different types of families
- I do not feel under pressure to be different to who I am

Lesson five: My rights and responsibilities



Lesson aim:

Pupils can judge what kind of physical contact is acceptable, comfortable or uncomfortable and how to respond.



Learning outcomes:

- I know that that there are different types of touch
- I understand that people need personal space
- I understand that some touches are unsafe and know how to respond to these

Lesson six: Asking for help



Lesson aim:

Pupils know the difference between secrets and surprises, and the importance of not keeping a secret that makes them feel uncomfortable, worried or afraid.



Learning outcomes:

- I know what a secret is
- I know what a surprise is
- I can tell someone if I am asked to keep something a secret that makes me feel uncomfortable, worried or afraid